

Dr Vinod Nair

MBBS, OHD (NIOSH) | MRO (AOEMM) |
Certified Ergonomic Trained Person I
Certified Basic Life Support (BLS) Trainer I
NIOSH Certified Trainer



PROFESSIONAL SUMMARY

Dr Vinod Nair is a practising Medical Doctor with more than ten years of experience in health consultation, medical surveillance, occupational health, ergonomics, HIRARC and stress management.

His work includes medical consultation, examination and treatment of patients under the scope of General Practice, performing and interpreting ultrasounds for various organ systems and exercise stress tests. He also conducts medical examinations for insurance sectors, Oil & Gas and other sectors for pre-employment, fitness to work & return to work.

Dr Vinod Nair graduated with MBBS Degree from the Asian Institute of Medicine, Science and Technology (AIMST) University. He is a certified and experienced Occupational Health Doctor (OHD) with Medical Review Officer (MRO) Certification from NIOSH, Malaysia and the Academy of Occupational & Environmental Medicine Malaysia (AOEMM), respectively.

Dr Vinod is also a Certified Ergonomic Trained Person and a Certified Basic Life Support (BLS) Trainer. To add to Emergency Care, he has also completed Advance Cardiopulmonary Life Support (ACLS).



EXPERIENCE SUMMARY

DDr Vinod Nair is highly sought for his expertise, knowledge and consultancy in Preventive & Diagnostic Medicine and Occupational Health. With expertise in identifying work-related risks to musculoskeletal disease, he can custom design, implement, and monitor solutions for individuals or groups, to promote health, wellness, and fitness, and improve productivity, especially at organisations of any industries.

As an Occupational Health Doctor, he empowers the employees regarding their health and the policies that govern them, not forgetting the role of the employers.

Being a natural speaker, besides training, he regularly provides safety and health-related talks, seminars, and conducts workshops in schools, health camps and local clinics, including Klinik Kesihatan. He has completed multiple webinars and face-to-face training courses for Corporate clients, including Cargil, Music Tribe, Honda, Kato, Prasarana; to name a few.



SUBJECT MATTER EXPERT

- Health Consultation
- Medical Surveillance
- Occupational Health
- Preventive & Diagnostic Medicine
- Ergonomics
- HIRARC
- Stress Management
- First Aid



QUALIFICATIONS AND CERTIFICATIONS

- Academy of Occupational and Environmental Medicine Malaysia, Medical Review Officer (MRO), 2018
- National Institute of Safety & Health, Occupational Health Doctor (OHD), 2016
- Asian Institute of Medicine, Science and Technology (AIMST University), MBBS, 2003 – 2009
- Certified Ergonomic Trained Person
- BLS Trainer
- NIOSH Certified Trainer



CONTACT INFO

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